

Health and Human Performance Assessment Plan

I. Student Learning Objectives/Outcomes

There are three programs within the Health & Human Performance (HHP) Department: K-12 Physical Education, Exercise Science, and Health Education. The objectives and outcomes for the K-12 Physical Education and Health Education teacher preparation programs are based on the Wisconsin Teacher Standards (Appendix A). The outcomes and competencies developed by the department for the Exercise Science program are adopted from the National Association of Sport and Physical Education (NASPE) standards (Appendix B).

II. Identification of where Objectives/Outcomes are Being Achieved

Documentation of where the objectives are being met is indicated on the artifact matrix for each program within the department. These matrices indicate the options of artifacts from the courses within the program from which the student may choose to demonstrate one's competency in the objective. Students are required to use these specified artifacts when developing the electronic portfolio. The artifact matrix for K-12 Physical Education and Health Education is found in Appendix C. The artifact matrix for Exercise Science is in Appendix D. These documents are available to students on the homepage of the HHP department website. The faculty and the staff in the department update these documents yearly.

III. Assessment Tools

- A. Benchmarks: The department has established benchmarks for students in the K-12 Physical Education and Health Education teacher preparation programs (Appendix E) and the Exercise Science program (Appendix F).
- B. Direct measures
 - 1. Electronic portfolio
 - a) Required within PED 461, Senior Seminar
 - b) Includes 10 WI Teaching Standards (K-12 P.E. and Health Education) or 10 Competencies (Exercise Science)
 - c) Oral presentation
 - i. Each student gives 15 minutes presentation to 3 faculty members
 - ii. Presents 3 competencies from electronic portfolio
 - iii. Presentation rubric found in Appendix G
 - d) Assessment of complete e-folio (artifact, content area/course and reflection)
 - i. Randomly select up to 6 e-folios per semester
 - ii. All 10 competencies are evaluated
 - iii. Reflection is rated 0-6 (see Appendix H for rubric), using the same qualitative descriptors from presentation rubric

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- iv. Data collected on course and artifact meeting competency
- 2. Praxis Exams for K-12 Physical Education and Health Education
 - a) Praxis I – Admittance to Teacher Education
 - b) Praxis II – Prior to Student Teaching
- C. Indirect measures: Student self-report (Appendix I & J)

IV. Timetable

All of the assessments are completed each semester. The oral presentation of the electronic portfolio assessment is completed in the 12th week of the semester as a requirement in PED 461, Senior Seminar. The assessment of the six randomly selected e-folios is completed by the end of the semester. To determine strengths and weaknesses of the programs, a department review of the data and results will be conducted each January the week before classes commence.

V. Data Presentation and Discussion Process

The data will be presented by the HHP Assessment Committee to the department and the department chair at the January review.

VI. Implementation of Revisions Based on Assessment Results

Following the presentation of the data and results to the department, the Assessment Committee will forward recommendations for program and curricular revisions to the HHP Curriculum Committee and the chair of the department.

VII. Results Availability

Data from the assessment plan will be available on the network server for the Faculty Senate Assessment Committee review and on the Health & Human Performance website for students and others. Results will also be available in the Health & Human Performance spring electronic newsletter.