

STUDENT PACKING LIST

Documents:

letter to immigration officials
passport and 1-2 copies (also leave one copy at home)
Visa or MasterCard (list account numbers in a separate location in case you should lose your credit cards)
Debit/Check card (Cirrus or Plus on back of card)
prescriptions for medications, glasses, contacts, etc.
insurance information and copy
international student I.D. card and or university student I.D.
extra passport photos
U.S. dollar traveler's checks (AAA, American Express or Visa)

If you purchase American Express traveler's checks, they do have an office in Edinburgh where you can cash them in for FREE, by showing your passport, otherwise most places will charge you a commission fee. It is a bit of a hassle to cash these and are not highly recommended by past students.

Sterling Pound traveler's checks (AAA, American Express or Visa) must be ordered ahead of time from an international bank, some travel agents, or you can order them online at: www.chasemanhattan.com

- Keep a list of serial numbers of traveler's checks in a safe location.
- Photocopy all key documents (leave one copy of all documents at home).
- Purchase a passport belt or carry your important items in a purse that can be worn around your neck and under one arm.

Clothing:

shoes (dress shoes, comfortable walking shoes/hiking boots, tennis shoes, slippers with soles, thongs/flip-flops for shower or pool)
rainproof coat with a hood (a must have)
fleece (for warmth under your coat)
an umbrella
a windbreaker jacket and pants (for exercise/warm weather)
a hooded sweatshirt
shirts/blouses
slacks, jeans and khakis
a tie (1 or 2)
dress/skirt (1 or 2)
sweaters (wool is nice)
sweat pants and shorts (for class and exercise)
T-shirts
grubby clothes (for hiking, playing, kitchen and/or cleaning duty, class, etc.)
socks/nylons (wool socks - 1 to 2 pairs)
underwear (including "long johns" - 2 or 3 pairs)
belts
hat, mittens/gloves, head band for ears
sleeping apparel & light cover-up or robe
swimsuit
blanket (small stadium size)

Miscellaneous Notes on Clothing & Dress

Clothes are fairly cheap (market or thrift stores and only one or two "good outfits" are needed.

Former students have recommended bringing dressy clothes for going out to the nightclubs and pubs, particularly in Edinburgh. The Scottish people "dress up" when they go out and so should you. (Black slacks and skirts are the in things.) Many clubs won't allow you in if you are wearing tennis shoes. Men & women should dress smart-casual when going out, or how you'd like to present yourself.

Bring clothes that can be layered. It is rather cold in the House and three outfits can seem like one.

Bring some shoes that can be trashed; it rains a lot so they will get wet. (Waterproof your shoes beforehand.)

Bring some old clothes that you can leave behind to save space in your suitcase for souvenirs.

Other necessities: (sharp items could be confiscated, even in check-in baggage)

toiletries (soap, shampoo, razors, toothbrush and paste, contact solution, deodorant, lotion, etc.)

towels and wash cloths

sheets (flannel, twin-sized)

sleep sac (works well for traveling)

laundry bag or pillowcase for laundry

a fingernail clipper

needle and thread

safety pins

Band-Aids

a pocket knife with a can opener

medications (Tylenol/Excedrin/cold medicine, etc.)

sunglasses

travel alarm clock

a small flashlight

pocket calculator

padlock for luggage

camera, film and flash

batteries (camera, a Discman, alarm clock, etc. - rechargeable is nice. Batteries tend to be very expensive in Europe.)

a small photo album of family & friends to share with everyone

an address book

a Discman and CD's (essential for traveling, studying, etc.)

cards

magazines and reading books (there are many books to read in the library)

a journal (1 or 2)

a personal thermal travel mug with no spill top/water bottle

watch/conservative jewelry

hair holders

travel size toiletries for traveling

school planner (if used a lot at home)

school supplies (notebooks, paper, pens/pencils, folders, etc) are available there, but are quite a bit more expensive (and note that the paper size in Britain is 8½" x 12")

large hiking backpack for traveling

small backpack for day and weekend trips

key chain for room key

Miscellaneous Notes on What to Pack:

Personal hygiene products are readily available (unless you “have to have” your brand. Make-up tends to be very expensive so be sure to bring extra).

Other students have brought American convenience food products with them that they would miss such as Kraft Macaroni and Cheese, Jell-O, Tootsie Rolls, Kool-Aid, Cheetos, Ranch Dressing, Oreos, and anything low fat.

Don't try to bring adapters and electrical appliances. It's cheap and easy to buy or rent there. The House has limited radios, hair dryers and curling irons for use. Clothes irons are available for use at the House.

Don't bring hangers; they are provided for you.

The Royal Commonwealth Pool is 15 minutes away. Bring a swimsuit if you want to do laps or just relax there.

Pack lightly. The week before departure, you should pack everything you think you will need, pick up all your bags and walk around the block. If you have trouble, you have packed too much.

If you are thinking of having items mailed to Scotland, you may want to check into bringing an extra suitcase. It can cost \$80-\$100 one way to send a twenty-pound package in the mail. This is the same price you would pay to have it with you round trip when you fly. You can also make this suitcase meet the dimensions and weight as your largest suitcase.